



GET QUALIFIED AND GET INVOLVED

The Entry Level Referee Award (ELRA) is a new practically based course that will give you the core skills to referee rugby union. Get qualified and get involved with the game.

Find out more and enrol at www.rfu.com/community or contact the Referee Development Team.

SCRUM ENGAGEMENT

EFFECTIVE COMMUNICATION

MANAGING THE TACKLE AREA

APPROPRIATE POSITIONING

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MIND
BODY &
SOUL