



ASA/UKCC Level 1 Synchronised Swimming Coach

Description: The Level 1 Synchronised Swimming Support Coach sits as the first formally assessed qualification on the coaching qualifications pathway. Unit 1 is a common unit to all of the aquatic strands (Swimming Coaching, Diving, Synchronised Swimming and Water Polo) and has a focus on “how to coach” skills with a technical emphasis on movement literacy as defined by Long Term Athlete Development (LTAD). It is envisaged that this unit can be delivered to all coaches who wish to work in the aquatic environment. Unit 2 has a focus on synchronised swimming coaching, technical knowledge and practical skills that will allow the coach to actively support a more senior qualified / licensed synchronised swimming coach at any level, in the delivery of a pre-prepared session. This person will be expected to have an understanding of the sport and a basic understanding of how to utilise a checklist to identify common faults.

Pre-requisite: Candidates must be 16 years old on commencement of the course

Cost: Total Cost £350*

*Funding opportunities available, Please contact your Regional Education Officer

	Unit	Dates	Venue	Presenter	Time	Code
1	How to Coach	Friday 11 th May Saturday 12 th May Sunday 13 th May	John Smeaton Leisure Centre, Leeds	Fiorna Cairns-Smith	6 hours, per day	TBC
2	Synchronised Swimming Specific Coaching	Saturday 26 th May Sunday 27 th May	John Smeaton Leisure Centre, Leeds	Jenny Gray	7 hours per day	TBC

The information is here to allow you to set aside the dates and register onto the programme.
Places on this programme will be very popular so please register early.

For more information please contact your Regional Education Officer:

Colin Huffen, REO (North East, Yorkshire and Humberside)

Tel: 07917726419

Email: colin.huffen@swimming.org

UKCC Level 1 Programme Application Form

Please complete in BLOCK CAPITALS and return with payment

Participant Name Mr / Mrs / Miss / Ms _____

Date of Birth _____

Home Telephone _____ Mobile / Work Tel _____

Address _____

Post Code _____

Email Address _____

Programme Title **UKCC Level 1 Coaching** Cheque Enclosed For **£100**

£100 registration fee must be paid upon registration to your Regional Education Officer. Cheques payable to IOS. This will be deducted from the programme fee.
Please state any Health/Medical or Learning needs of which the Programme Presenter should be made aware of

	Unit	Dates	Venue	Presenter	Time	Would like to attend or need an alternative date
1	How to coach	Friday 11 th May Saturday 12 th May Sunday 13 th May	John Smeaton Leisure Centre, Leeds	Fiorna Cairns-Smith	6 hrs, per day	
2	Synchronised Swimming Specific Coaching	Saturday 26 th May Sunday 27 th May	Hertfordshire Sports Village	Ian Freeman	7 hours, per day	

Please Note Programmes may be cancelled if there are insufficient enrolments.
I agree to abide by the General Rules and Conditions for the use of the venue.
I understand that I partake at my own risk.
Programme fees may be refunded only in the event of illness/injury. (Doctors Certificate must be provided)
I agree to give my consent for an ASA photographer to take the photograph of those stated above for marketing purposes.
(please tick here if you do not agree to have photographs taken)

Candidate Signed _____ Date _____

The Club is aware and agrees that requirements of this programme may require the candidate to undertake activities not normally associated with their current role and these aspects may be fulfilled within club time.

Club _____

Club Chairman Signature _____ Date _____

Cheques made payable to IOS
Cheques should not be post dated
Cheque card guarantee number, issue number, expiry date and full address to be written on reverse of the cheque
Please don't send cash in the post.
Postal Applications will only be accepted with correct payment by cheque.
Postal Applications to be sent to the correct regional office
Level 1 Coaching Programme Application Form
ASA North East Region
Colin Huffen
22 Roods Close
Sutton-in-Ashfield
Notts
NG17 1NL

OFFICE USE ONLY		
Total Fee Received	£ _____	Date Confirmation Sent _____ Processed by _____
Method of Payment	Cash <input type="checkbox"/> Card <input type="checkbox"/> Cheque <input type="checkbox"/>	