

Play Sport...

Have Fun...

Stay Safe...

www.northyorkshiresport.co.uk



You Have The Right To...

Have fun and stay safe when taking part in sport. Here's a leaflet about what you, your coach and your club need to do to have fun and stay safe in sport.

Stay Safe

- ▼ Make sure you know who you can talk to
- ▼ Use the right equipment
- ▼ Dress appropriately
- ▼ Take a drink with you
- ▼ Use sun screen if it's hot & sunny



Make Sure

- ▼ You let your coach know if you have any medical conditions
- ▼ Say thank you to your coach

Please visit...

www.northyorkshiresport.co.uk

make Sport safe

Your Club Should

- ▼ Enable you to enjoy sport in a safe environment
- ▼ Have a welfare officer, or someone you can talk to if you are worried about something
- ▼ Have a code of conduct for young people

Your Coach Should

- ▼ Make sport fun and enjoyable
- ▼ Respect you as a person and treat you as an individual
- ▼ Be a good role model
- ▼ Ensure the venue and equipment is safe to use
- ▼ Have the right qualifications

- ▼ Explain to you if they need to have physical contact to show you a sports technique

IF YOU ARE NOT COMFORTABLE WITH PHYSICAL CONTACT YOU HAVE THE RIGHT TO SAY NO

Your Coach Should Not:

- ▼ Bully you
- ▼ Put winning before your Safety
- ▼ Talk or behave in a way that makes you feel uncomfortable

You Should

- ▼ Have Fun!!!
- ▼ Show "Good Sportsmanship" at all times in victory & defeat
- ▼ Show respect & be supportive of others
- ▼ Be passionate & competitive but NEVER behave aggressively towards others or use foul language
- ▼ Always try your hardest
- ▼ Tell your Coach or Team Manager if you have any concerns or worries
- ▼ Follow your club's Code of Behaviour
- ▼ Never bully anyone & don't support anyone who does

make Sport safe

Worried About Something?

You can talk to an adult you know and trust, like a parent, a teacher, or someone at your club like a club welfare officer. If there isn't someone you feel comfortable talking to, you can contact ChildLine
Tel: 0800 1111
Website:
www.childline.org.uk

ChildLine is a service provided by the NSPCC, registered charity numbers 216401 and SCO37717

Links:

www.childline.org.uk
www.bullying.co.uk
www.northyorkshiresport.co.uk/safeguarding
www.chatdanger.com
www.thinkuknow.co.uk

The name of the person I can contact is:

Their contact number is:



This leaflet can be made available in other languages and formats upon request, such as large print, Braille and audio cassette. Please contact 01604 236976.



This leaflet was developed and co-ordinated by Northamptonshire Sport on behalf of the East Midlands County Sports Partnerships. It has been adopted by North Yorkshire Sport as an example of good practice.