

Children and Young People Active Lives Survey Case study

Introduction

The Dfe and Sport England have developed a new Active Lives survey targeting Children and Young People with the aim of providing a world-leading approach to gathering data on how children engage with sport and physical activity.

It will give anyone working with children aged 5-16 key insight to help understand children's attitudes and behaviours around sport and physical activity. Sport England's aim is for children and young people to feel more motivated, confident and able to get active. Each school who completes the survey will receive a written report tailored to their schools findings. In addition schools will receive a financial incentive for taking part in the survey. Schools are able to use their results to support with how they invest PE premium funding so it has maximum impact, as well as making the reporting of premium funding easier and more effective.

What we did

Carr Junior school were randomly selected by the Dfe and Sport England for term 3 in the academic year 2017/2018. North Yorkshire Sport wrote to Carr Junior school asking them to take part in the survey and provide insight into what the survey would look like and how the information would be used, and the two incentives schools receive for taking part. 3-year groups were selected and only 1 class per year group were required to take part.

After agreeing North Yorkshire Sport provided the school with a number of resources. Letters to send to parents, information for teachers conducting the survey with their children and BAC's form to claim financial incentive. North Yorkshire Sport also added the resource of their staff time to come and support the conducting of the survey if we required.

The PE lead booked a 30-minute time slot with each of the classes selected and booked the IT equipment for the children to take part. The survey link was sent to each class teacher and then uploaded for each child to take part. Each child completed the survey at their own pace with the PE lead, class teacher and member of staff from North Yorkshire Sport on hand to support and answer any questions the children had.

Tom Maskell PE lead for Carr Junior School

"We are due to get our report early November and we will look to utilise the information to help our school find target groups of pupils or key times of the day where our pupils are least active. From this we will build further clubs/activities to increase provision to improve our how active our school is and the health of our children. The process from agreeing to completing was easy and I particularly liked that it was accessible for all pupils. The survey used child friendly language which is great, although they were long winded for some of our more active pupils"

Some of the pupils who took part mentioned that the survey helped them understand when they are active and inactive.

